

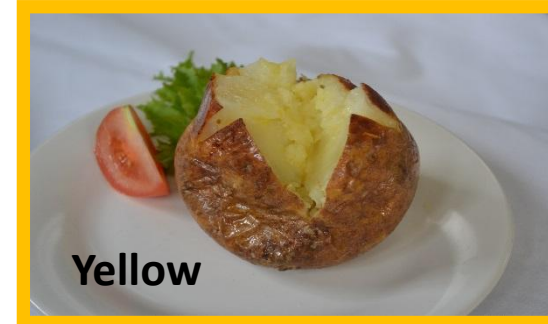
Primary School Lunch Menu

Week 1 Monday

South Gosforth 1st Sept 26 – Feb 27



**Spaghetti
Napoli**



**Filled
Jacket Potato
Choice of Cheese
or Baked Beans**



**Meatballs in
Gravy**



**Tuna Mayo
Sandwich**

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Primary School Lunch Menu

Week 1 Tuesday

South Gosforth 1st Sept 26 – Feb 27



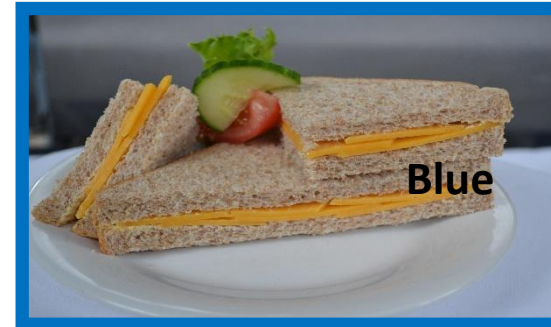
**Indian Style
Chicken
Tikka**



**Filled Jacket Potato
Choice of Cheese
Baked Beans or
Tuna**



**Indian Style
Quorn
Tikka**



**Cheese
Sandwich**

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Primary School Lunch Menu

Week 1 Wednesday

South Gosforth 1st Sept 26 – Feb 27



**Mince &
Dumpling**



**Filled Jacket
Potato Choice of
Cheese
Baked Beans
or Tuna**



**Quorn
Mince &
Dumpling**



**Ham
Sandwich**

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Primary School Lunch Menu

Week 1 Thursday

South Gosforth 1st Sept 26 – Feb 27



**Pork
Tenderloin
with Gravy**



**Filled Jacket
Potato Choice
of Cheese
Baked Beans
or Tuna**



**Quorn Fillet
with Gravy**



**Tuna Mayo
Sandwich**

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Primary School Lunch Menu

Week 1 Friday

South Gosforth 1st Sept 26 – Feb 27



Red

**Fish
Fingers**



Yellow

**Filled Jacket
Potato
Choice of Cheese
Baked Beans
or Tuna**



Green

**Herby
Cheese
Omelette**



Blue

**Cheese
Sandwich**

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Primary School Lunch Menu

Week 2 Monday

South Gosforth 1st Sept 26 – Feb 27



Red

**Pork
Sausages
with Gravy**



Yellow

**Filled Jacket
Potato
Choice of Cheese
or Baked Beans**



Green

**Quorn
Sausage
with
Gravy**



Blue

**Tuna Mayo
Sandwich**

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Primary School Lunch Menu

Week 2 Tuesday

South Gosforth 1st Sept 26 – Feb 27



**Margherita
Pizza Slice**



**Filled Jacket
Potato
Choice of Cheese
Baked Beans
or Tuna**



**Quorn
Parmo**



**Cheese
Sandwich**

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Primary School Lunch Menu

Week 2 Wednesday

South Gosforth 1st Sept 26 – Feb 27



**Marinated
Chicken Wrap**



**Filled Jacket Potato
Choice of Cheese
Baked Beans
or Tuna**



**Marinated
Quorn
Wrap**



**Ham
Sandwich**

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Primary School Lunch Menu

Week 2 Thursday

South Gosforth 1st Sept 26 – Feb 27



**Beef
Lasagne**



**Filled Jacket Potato
Choice of Cheese
Baked Beans
or Tuna**



**Vegetable
Lasagne**



**Tuna Mayo
Sandwich**

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Primary School Lunch Menu

Week 2 Friday

South Gosforth 1st Sept 26 – Feb 27



**Battered
Fish Fillet**



**Filled Jacket Potato
Choice of Cheese
Baked Beans
or Tuna**



**Mexican
Style Quorn
Wrap**



**Cheese
Sandwich**

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Primary School Lunch Menu

Week 3 Monday

South Gosforth 1st Sept 26 – Feb 27

Red



**Meatballs in
Tomato
Sauce with
Pasta**

Yellow



**Filled Jacket Potato
Choice of Cheese
Baked Beans
or Tuna**

Green



**Cheese
Lattice
Slice**

Blue



**Tuna Mayo
Sandwich**

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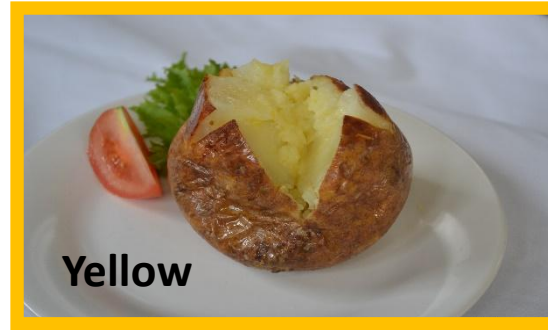
Primary School Lunch Menu

Week 3 Tuesday

South Gosforth 1st Sept 26 – Feb 27



**Margherita
Pizza Slice**



**Filled Jacket Potato
Choice of Cheese
Baked Beans
or Tuna**



**Mediterranean
Pizza Slice**



**Cheese
Sandwich**

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Primary School Lunch Menu

Week 3 Wednesday

South Gosforth 1st Sept 26 – Feb 27



**Chicken Fillet
with Yorkshire
Pudding**



**Filled Jacket Potato
Choice of Cheese
Baked Beans
or Tuna**



**Quorn
Fillet with
Yorkshire
Pudding**



**Ham
Sandwich**

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Primary School Lunch Menu

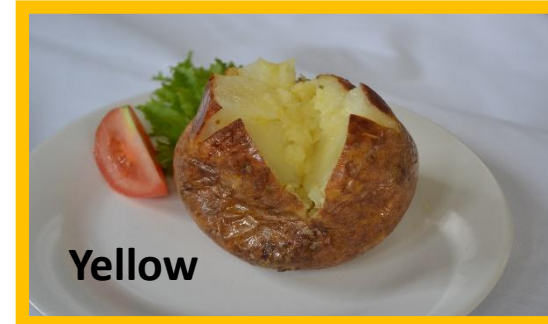


Week 3 Thursday

South Gosforth 1st Sept 26 – Feb 27



**Cheeseburger
in a Bun**



**Filled Jacket Potato
Choice of Cheese
Baked Beans
or Tuna**



**Plant Power
Cheeseburger
in a Bun**



**Tuna Mayo
Sandwich**

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Primary School Lunch Menu

Week 3 Friday

South Gosforth 1st Sept 26 – Feb 27



**Oven
Baked
Fish
Fingers**



**Filled Jacket
Potato Choice of
Cheese Baked
Beans or Tuna**



**Crunchy
Quorn
Dippers**



**Cheese
Sandwich**

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